



MORE BENEFITS FOR YOU

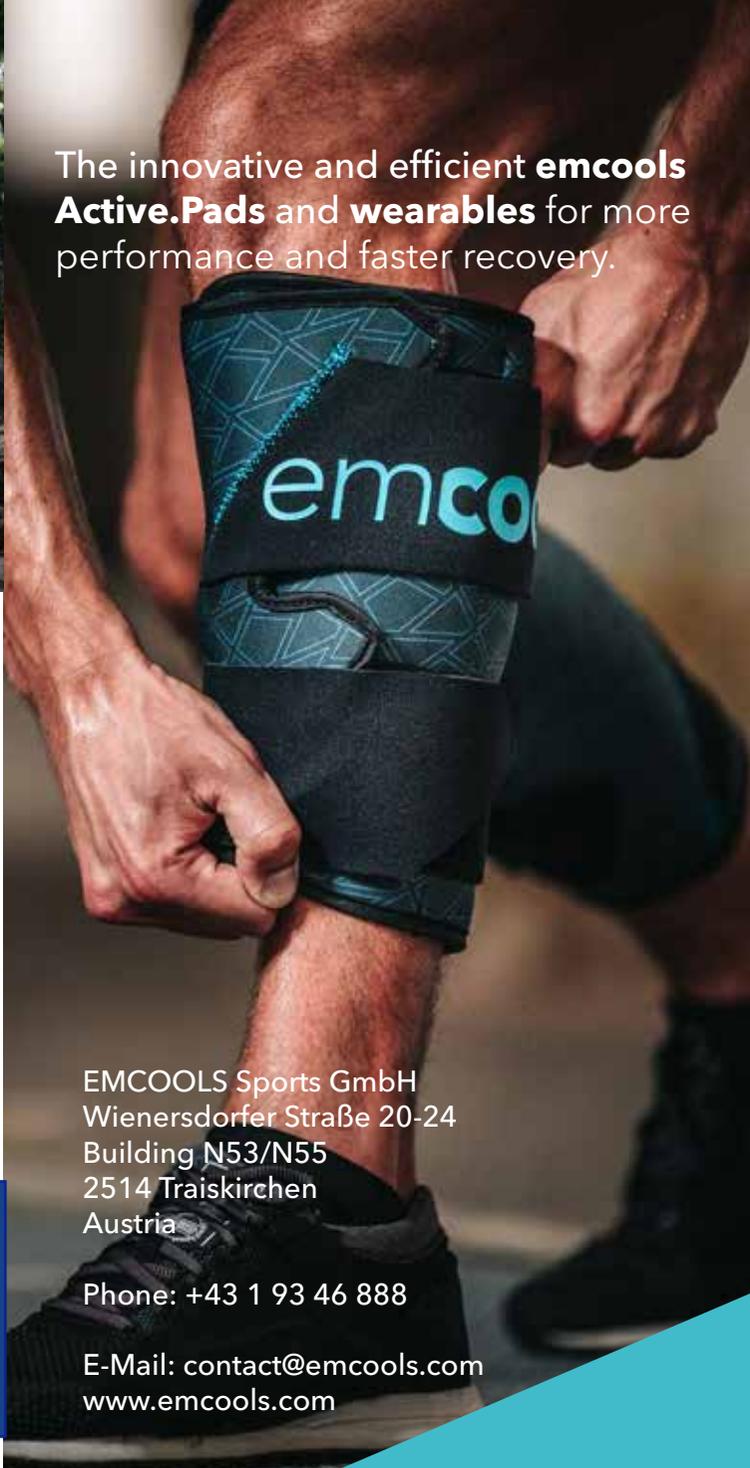
The emcools cooling pads can help you increase your performance and recover faster after a strenuous workout or competition.

emcools Active.Pads are hygienic and skin-friendly. You can easily clean the reusable pads with a mild (pH-neutral) soap.

Our emcools wearables are not only for optimal use but also comfortable to wear.

[WWW.EMCOOLS.COM](http://www.emcools.com)

The innovative and efficient **emcools Active.Pads** and **wearables** for more performance and faster recovery.



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COOL NOW
FOR MAXIMUM
PERFORMANCE



The innovative emcools HypoCarbon® cooling technology from emergency medical application - now finally in sports.

Benefit from efficient cooling, improve your performance and recover faster.

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BEAT THE HEAT

The complex thermoregulation of the organism is always working to keep the core temperature of your body at about 37°C. This temperature is necessary to ensure that important life-supporting metabolic processes take place.

Overexertion in sport can result in a body temperature increase of 2-3°C. To counteract this, our bodies use energy to sweat which in return has a performance reducing effect on your muscles.



HOW DOES COOLING WITH EMCOOLS WORK?

Our highly efficient cooling pads were originally developed for therapeutic hypothermia applications in critical care where they help to quickly lower the core body temperature of cardiac arrest patients after successful resuscitation.

When used correctly in sports, the technology of emcools Active.Pads is a unique way to improve your performance or to recover particularly stressed muscles more quickly after a workout.



EFFECT

The cold provides natural relief to the symptoms of inflammation, reducing excessive heat, pain and swelling

Pre-cooling primarily lowers your core temperature and you feel fit for a longer period of time during training or competition which can improve your performance. With post-cooling, you can recover faster and counteract inflammations (DOMS - Delayed Onset Muscel Soreness).



BENEFITS OVER CONVENTIONAL COOLING METHODS

emcools cooling pads are based on the patented HypoCarbon® technology and differ significantly from conventional cooling methods:

- ❖ The cooling effect also reaches deeper tissue layers.
- ❖ The temperature between your skin and the wearable remains constant between (approx.) 7-9°C during the recommended application period.
- ❖ The HypoCarbon® technology allows fast reduction of heat.
- ❖ Even when frozen, the cooling pads remain flexible and adapt perfectly to your body.
- ❖ Easy and hygienic cleaning of the cooling pads and washable wearables.
- ❖ High-tech materials ensure less condensation and thus optimum cooling performance.

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